

# Packing List

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## Clothing & Shoes

### Warm Climates:

- 2 White, long-sleeved cotton [shirts](#)
- 2 Tank tops
- 5 Summer dresses (warm climates)
- 2 Leggings (with side pockets)
- Swimsuit
- [Keen](#) Sandals
- [REEF](#) sneakers (double as slip-ons)

### Colder & Wetter Climates:

- 2 Pants
- 3 Leggins
- 2 Tank tops
- 2 Long sleeved undershirts
- Cardigan
- [Rain](#) jacket, packable
- Puffer jacket, packable
- [ALTRA](#) Running Shoe (entry level to barefoot style)
- [Slippers](#)

### All Climates:

- Nightgown
- 5 Underwear
- 2 Sports bras
- 3 Pairs of [Merino Wool](#) socks
- Light weight [shawl](#)
- Colorful [scarf](#)
- Short lightweight [robe](#)



## Dry Toiletries

I use my [hanging](#) toiletry bag for my dry toiletries:

- [Sonicare](#) travel toothbrush + [Extra heads](#)
- [Washable](#) face wipes (doubles as body wash cloth)
- Silicone [toiletry bottles](#)
- Disposable razor + Extra heads
- [Sleep](#) mask
- Floss
- Hairbrush
- [Shampoo & conditioner](#) bars
- [Matador](#) soap container
- [Soap pads](#)
- Deodorant
- 3 ChapSticks
- Tweezers
- Nail clippers
- Nail file
- Safety pins (various sizes)
- Rubber bands (various sizes)

## Wet Toiletries

I put my **wet toiletries in the clear plastic bag that comes with my toiletry bag**, which is great for storing travel-sized items.

- Toothpaste (I don't recommend toothpaste tablets.)
- Facial cleanser
- Day face cream (with sunscreen)
- Night face cream
- Eye drops

Note: Unless it's a product that I really like, and not sure I can replace, I only bring enough for a few weeks. I will replenish other items at my destination. I've found you can find great products in other countries.



## Miscellaneous Essentials

- First aid kit and medicine
- Any prescriptions meds + Copies of RX from your doctor
- Small amounts of Imodium, Tylenol, Advil, etc.
- Noise canceling [ear plugs](#)
- 3 Medium size Ziplock bags
- 2 Large size Ziplock bags
- 2 Spiral [Notebooks](#)
- 4 [TUL](#) pens (because I'm picky about my pens)
- [Brita](#) filtered water bottle + [Extra filters](#)
- Prescription eyeglasses + Extra set
- [Sunglasses](#) + case
- Incense sticks
- Foldable [clothes hangers](#)
- [Leaklock](#)
- FISKAR [travel scissors](#) (blunt tip)
- 2 [Suction cups](#)
- [Laundry sheets](#)
- [Deadbolt](#) straps
- [Luggage lock](#) steel cable
- 2 [Combination](#) locks
- Hero [carabiner clip](#)
- 2 [Carabiner](#) clips
- Extra batteries (as needed)
- Phone [lanyard](#)
- Collapsible [coffee pour over](#)
- Binder clips (couple of different sizes)
- Duct tape (small amount)



## Technology

- Microsoft Surface, 7<sup>th</sup> Generation
- Ultra-thin [Mouse](#)
- [Laptop tray](#)
- Samsung Galaxy S22
- Backup phone (I have a [Motorola Moto 5G](#) that is connected to Tello for \$10 per month.)
- [SONY](#) wired Bluetooth ear buds
- Open [ear conduction](#) earphones
- [Kindle](#)
- Amazon [Firestick](#)
- Portable [battery charger](#)
- Device charging cords
- 4 ft Extension cord (can't tell you how much this comes in handy)
- [Anker Nano](#) power strip (doubles as USB & C chargers)
- [Flash drive](#) dual USB & C
- Tessen electrical [travel adaptor](#)
- 2 Samsung [smart tags](#) for tracking luggage

## Luggage, Backpack & Bags

- Bagsmart [carry-on luggage](#)
- tomtoc [Backpack](#), 38 L
- [Dry bag](#), 2 liters (for wet clothes)
- Nanobag [tote](#)
- Nanobag [day pack](#)
- Mesh [zipper pouches](#) for organization
- Compression [packing cubes](#)
- [Tech pouch](#)
- Digital [luggage scale](#)

